



GUIDING LIGHT RECOVERY

A program of **GUIDING LIGHT**

PLAN OF ACTION

The following three interventions have been implemented to increase the rate of Foundations completion:

Onboarding & Orientation Session

New clients are provided a comprehensive onboarding and orientation packet which clearly delineates the various elements of programming, structure, client expectations, and staff commitments. After the new client has an opportunity to digest the content, a peer further along in the program reviews the packet content with him. The new client also brings the packet to his first coaching session to review content and complete an initial set of activities.

Pause Agreement

Due to the rigorous programming, occasionally clients experience frustration and can make impulsive decisions to take the easier, softer way (i.e. leave to return to their old life). Clients are asked to sign a "Pause Agreement," a document so named as it requests the client 'pause' for 24 hours to before making any decision to leave the facility. This agreement is two-fold: demonstrate a desire on the part of the staff for the client to experience the full intervention of the program, and to provide the client a period of time to consider the choices he is about to make.

Mid-Week Check-In & Activity

The Wednesday check-in gives clients an opportunity to express opinions and thoughts and provide feedback to staff and the group in regards to any current issues that might be getting in the way of staying engaged in programming. This is a safe-space to resolve conflicts and step into vulnerability.